



Communicating with Others

Title: Communicating with Others
A 9-week Online Training Program
Price: \$2,186.55 (incl HST)

Description:

Effective communication is the cornerstone of success in any professional environment. Whether you're interacting with your boss, colleagues, clients, or customers, the ability to communicate clearly, confidently, and empathetically is essential. This 9-week online training program, "Communicating with Others," is designed to equip participants with the skills and strategies needed to excel in interpersonal communication across various contexts. Through interactive sessions, practical exercises, and personalized feedback, participants will learn to navigate diverse communication scenarios with ease, build stronger relationships, and achieve their professional goals.

Week 1-2: Foundations of Effective Communication

- **Understanding Communication Dynamics:** Exploring the principles of communication, including verbal and non-verbal cues, active listening, and empathy.
- **Communication Styles and Preferences:** Identifying different communication styles and adapting your approach to effectively connect with others.

Week 3-4: Communication in Professional Settings

- **Communication in the Workplace:** Navigating communication challenges in the workplace, including interactions with supervisors, colleagues, and subordinates.
- **Customer Communication:** Developing strategies for effective communication with customers or clients to build trust and satisfaction.

Week 5-6: Building Rapport and Connection

- **Building Rapport:** Techniques for establishing rapport and building meaningful connections with others.
- **Emotional Intelligence in Communication:** Understanding and managing emotions in communication to foster positive relationships.



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Week 7-8: Effective Communication Strategies

- **Assertive Communication:** Developing assertiveness skills to express yourself confidently and respectfully in various situations.
- **Conflict Resolution Communication:** Learning communication techniques for managing conflicts and resolving disputes peacefully.

Week 9: Advanced Communication Skills

- **Public Speaking and Presentation Skills:** Enhancing your public speaking and presentation skills to communicate ideas effectively and confidently.
- **Cross-Cultural Communication:** Understanding cultural differences and adapting your communication style to diverse audiences.

Additional Resources and Practice:

- **Role-Play Exercises:** Interactive role-plays and simulations to practice communication skills in realistic scenarios.
- **Reading Materials:** Recommended articles, books, and resources on effective communication and interpersonal skills.
- **Discussion Forums:** Online forums for participants to share experiences, ask questions, and engage in peer learning.
- **Feedback and Coaching:** Opportunities for individual feedback and coaching from instructors to enhance learning and skill development.

Join us for this transformative training journey and unlock your potential to communicate with confidence, clarity, and impact in any professional setting.